



Sample Goals and Action Steps



Academic Engagement & Preparedness

Improving classwork, homework, organization, and overall academic consistency.

- [STUDENT] will complete homework (or classwork) and be prepared for class 4/5 days per week for the remainder of the semester (or 6 weeks).
 - Action Step 1: check in/checkout with favorite teacher daily
 - Action Step 2: [STUDENT] will participate in tutoring each day to receive support from [STAFF] for homework assignments
 - Action Step 3: [STUDENT] will participate in peer mentoring 3 days per week for support with homework assignments
- [STUDENT] will develop methods to become more organized at school and will demonstrate use of those methods over the next [TIMEFRAME].
 - Action Step 1: [STUDENT] will use planner with [identified adult] support to organize homework/materials each week.
 - Action Step 2: [STUDENT] will meet with [identified adult] once per week to review academic progress and update a goal tracker.
 - Action Step 3: Parent will check classroom app to assist student with completing all homework
- [STUDENT] will fully participate in classroom activities 4/5 days for the next 5 weeks.
 - Action Step 1: [STUDENT] will join workgroup and engage with peers with less than two prompts from [identified adult] 4/5 per week.
 - Action Step 2: [STUDENT] will turn in classroom assignments 5/5 days per week.
 - Action Step 3: [STUDENT] will ask for assistance from [STAFF] in understanding tasks when needed each week

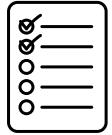
Emotional Wellness & Coping Skills

Identifying and using coping strategies, managing emotions, and participating in supports.

- [STUDENT] will work with [identified adult] to identify and demonstrate use of 3–5 coping strategies or refusal skills by the end of the month.
 - Action Step 1: [STUDENT] will work with [STAFF] to identify 2-4 calming strategies and demonstrate their use.
 - Action Step 2: [STUDENT] will participate in a weekly small group to practice coping skills.
 - Action Step 3: [STAFF] will collaborate with classroom teacher to review coping strategies that are being taught to student.
- [STUDENT] will seek support to reduce vaping (or use of other substances) within the next 4 weeks.
 - Action Step 1: [STUDENT] will do check-in/check-out with [STAFF] each school day.
 - Action Step 2: [STUDENT] will use a self-monitoring tool (e.g., feelings chart or journal) to track mood and coping strategy use daily.
 - Action Step 3: [STUDENT] will participate in screening by a SAP Liaison.



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Social Connection & Belonging

Increasing peer engagement, building social skills, and encouraging positive relationships.

- [STUDENT] will identify one group, club, or pro-social activity to join by the end of the marking period.
 - Action Step 1: [STAFF] will meet with [STUDENT] to review clubs and activities available.
 - Action Step 2: [STUDENT] will shadow top 2 identified activities to select an activity they would like to join.
 - Action Step 3: [STUDENT] will begin attending one activity or social club weekly.
- [STUDENT] will increase social skills and engage with peers by the end of the marking period.
 - Action Step 1: [STUDENT] will participate in a social skills group once per week.
 - Action Step 2: [STUDENT] will work with [identified adult] to identify and take a lead in a class activity where [STUDENT] feels engaged.
 - Action Step 3: [STUDENT] will sit with peers at the lunch table 4/5 days.
- [STUDENT] will increase positive interactions with peers over the next four weeks.
 - Action Step 1: [STUDENT] will initiate a positive interaction with a peer (e.g., greeting, group work, compliment) once per day with coaching support.
 - Action Step 2: [STAFF] will work with [STUDENT] to learn and use interaction strategies.
 - Action Step 3: Check and Connect will occur daily with [STAFF] to provide encouragement to and model positive interactions with [STUDENT].

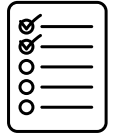
Attendance, School Connection & Follow-Through

Improving consistent school attendance, participation, and engagement with routines.

- [STUDENT] will attend sports practice/activity 4 out of 5 days per week for the next 3 weeks.
 - Action Step 1: [STUDENT] will check practice/activity schedules and add them to [STUDENT's] calendar/planner/agenda (digital, app, or paper) to prepare for the week.
 - Action Step 2: [STAFF] will check in with [STUDENT] daily to ensure that [STUDENT] has adequate transportation arranged to be able to attend practice or activity each day.
 - Action Step 3: [STUDENT] will check in with a coach or trusted adult for 5 minutes daily after activity or practice.
- [STUDENT] will maintain at least 80% school attendance for the remainder of the semester.
 - Action Step 1: [STAFF] will work with [STUDENT] to identify reasons that [STUDENT] doesn't come to school.
 - Action Step 2: [STAFF] will work with [PARENT] on identified strategies to overcome reasons/barriers and support [STUDENT] to get to school.
 - Action Step 3: [STAFF] will greet [STUDENT] each morning as the student arrives to provide positive reinforcement for attendance.



Sample Goals and Action Steps



Below are some sample goals and action steps that may help you as you select a goal and action plan for your student.

Future Planning & Goal Setting

Supporting postsecondary exploration, goal development, and motivation for the future.

- [STUDENT] will begin planning for their future within 2 months.
 - Action Step 1: [STUDENT] will meet with the school counselor every 1–2 weeks to explore postsecondary options.
 - Action Step 2: [STUDENT] will complete one interest or career inventory and review the results with [STAFF].
 - Action Step 3: [STUDENT] will develop one career goal with the help of STAFF] and will work towards achieving that goal.
- [STUDENT] will identify at least one potential career pathways aligned with their goals by the end of the semester.
 - Action Step 1: [STUDENT] will work with [STAFF] to review career pathways.
 - Action Step 2: [STUDENT] and [PARENT] will schedule to visit one career pathways option.
 - Action Step 3: [STUDENT] will work toward career pathway by identifying the next steps to be taken to achieve the goal.